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# ESTUDIO DE LA DINÁMICA DE REORIENTACION MOLECULAR EN meso-FENIL BODIPYS POR ESPECTROSCOPIA RMN

### STUDY OF THE MOLECULAR REORIENTATION DYNAMICS IN meso-PHENYL BODIPYS BY NMR SPECTROSCOPY

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#### Resumen

Los rotores moleculares fluorescentes (FMR) a base de BODIPY se pueden usar como sensores de temperatura o viscosidad debido a que la rotación intramolecular modula la intensidad o el tiempo de vida de la emisión. Además, por estudios de anisotropía de fluorescencia, la reorientación molecular se puede evaluar mediante el tiempo de relajación longitudinal ( $T_1$ ) por RMN. Este trabajo se enfoca en estudiar la reorientación molecular de BODIPYs con grupos *meso* fenilo con rotación restringida o libre mediante RMN. Específicamente, se calcularon  $T_1$  de los núcleos de <sup>1</sup>H y <sup>13</sup>C al variar la temperatura de 300 K a 240 K y se calcula el tiempo de correlación rotacional ( $\tau_c$ ) y la energía de activación de reorientación rotacional ( $E_a$ ) basándose en la teoría Bloembergen-Purcell-Pound (BPP). Además, se calcularon los valores de desplazamiento químico teóricos mediante GIAO-DFT con alta correlación (R<sup>2</sup> ~0.99 en <sup>1</sup>H y R<sup>2</sup> ~0.97 en <sup>13</sup>C). Los valores de <sup>1</sup>H  $T_1$  y <sup>13</sup>C  $T_1$  se reducen al disminuir la temperatura sin llegar a un mínimo, y los valores de <sup>1</sup>H  $T_1$  van de 1 a 10 s mientras que en <sup>13</sup>C  $T_1$  van de 0.5 a 2 s. Las moléculas BODIPY presentan un eje principal de rotación a través del grupo *meso*-fenilo y se observó un movimiento anisotrópico en las moléculas con el grupo fenilo con rotación libre. Los parámetros derivados de la teoría BPP confirman la alta movilidad del grupo *meso*-fenilo con rotación libre. Estos resultados muestran la alta correlación entre la estructura y la dinámica de reorientación molecular mediad por  $T_1$  RMN.

Palabras clave: BODIPY, FMR, relajación T1 RMN, GIAO-DFT.

### Abstract

BODIPY-based fluorescent molecular rotors (FMR) can be used as temperature or viscosity sensors given that the intramolecular rotation can tailor the emission intensity or fluorescence lifetime. Besides fluorescence anisotropy, the molecular reorientation can be assessed by NMR longitudinal relaxation time ( $T_1$ ). This work focuses on the study by NMR of the molecular reorientation of *meso*-phenyl BODIPY with free and restricted motion. Specifically, <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  were determined by temperature variation from 300 K to 240 K and rotational correlation time ( $\tau_c$ ) along with rotational reorientation activation energy ( $E_a$ ), which were estimated by Bloembergen-Purcell-Pound (BPP) theory. Moreover, theoretical chemical shifts were calculated by GIAO-DFT with high correlation ( $R^2 \sim 0.99$  <sup>1</sup>H and  $R^2 \sim 0.97$  <sup>13</sup>C). The values of <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  diminish with the temperature decrease without reaching a minimum and <sup>1</sup>H  $T_1$  values range from 1 to 10 s, while <sup>13</sup>C  $T_1$  are from 0.5 to 2 s. BODIPYs show a main rotation axis across the *meso*-phenyl moiety and an anisotropic motion is observed in molecules with free rotation *meso*-phenyl groups. The derived parameters from BPP theory confirmed the high mobility of free rotation *meso*-phenyl groups. These results show the high correlation between structure and molecular reorientation dynamics measured by  $T_1$  NMR.

Keywords: BODIPY, FMR, relaxation T<sub>1</sub> NMR

#### Introduction

BODIPY is a fluorophore with large absorption coefficients in the UV and visible-near infrared region, high fluorescence quantum yield and short fluorescent lifetime, parameters that can be modulated along with the functionalization in several positions <sup>1</sup>. These features show the potential of BODIPYs as molecular fluorescent rotors (FMRs) <sup>2</sup>. FMRs have been developed as viscosity and/or temperature sensors given that the intramolecular rotation can tailor the emission intensity or lifetime <sup>3</sup>. Recently, a systematic study showed that mesophenyl BODIPY molecular rotors with bromine, ester or amide groups are affected by environmental parameters such as temperature, viscosity, or polarity <sup>4,5</sup>. Moreover, BODIPY molecular rotors in high viscosity solvents have a high energy barrier, which rotation and enables fluorescence. hinders Conversely, low viscosity solvents allow rotation in BODIPY molecular rotors, which creates nonradiative de-excitation pathways impeding the fluorescence<sup>2</sup>. Although most literature in BODIPY molecular rotors assesses the molecular reorientation in FMRs by fluorescence techniques, NMR spectroscopy can also be used to further study this phenomenon. NMR spectroscopy is a powerful tool to determine the longitudinal relaxation time  $(T_1)$ , which can be affected by several factors such as electronic effects, molecular mobility, and intermolecular interactions  $^{6-9}$ .  $T_1$  measurements can show molecular reorientation, segmental and local interactions. Some reported  $T_1$  values in mesosubstituted BODIPYs with CF3-terminated alkyl chains are between 2-5 s<sup>10</sup>. However, there are few works that compare the molecular reorientation of meso-substituted BODIPY by  $T_1$  NMR. Therefore, this work studies the molecular reorientation dynamics of three meso-substituted BODIPYs (Fig. 1) by <sup>1</sup>H  $T_1$ and <sup>13</sup>C  $T_1$  and derived parameters from the Bloembergen-Purcell-Pound (BPP) theory.





#### Experimental

All chemicals and reagents, from Sigma-Aldrich, were used as received without further purification. The reagents used to synthesize BD, BDBr and BDR (Fig. 1), according to literature procedures, were, benzoyl chloride and 2,4 dimethylpyrrole; 4-bromo benzoyl chloride and 2,4, dimethylpyrrole, benzoyl chloride and pyrrole, respectively. In brief, the reagents were dissolved in fleshly distilled dichloromethane and stirred for 18 h at room temperature. Then triethylamine and BF<sub>3</sub>-Et<sub>2</sub>O were added to the flask placed in an ice-water bath and stirred for 2 h. The solution was washed with distilled water, and brine and the organic layer was concentrated at low pressure. Column chromatography on silica gel (eluent: 1:1 dichloromethane: n-hexanes) provided the product as a red solid.

Chemical shift ( $\delta$ ) assignments of <sup>1</sup>H and <sup>13</sup>C experimental spectra were corroborated by computational chemistry with the Gauge-Including Atomic Orbital (GIAO) method. All DFT calculations were performed in ORCA Version 5.0.3<sup>11</sup>. All the molecular geometries were optimized at def2-SVP/MN15 DFT level and the effects of chloroform were included by the conductor-like polarizable continuum model (CPCM). Shielding constants ( $\sigma$ ) were calculated using pcSseg-2 basis set, a triple zeta basis set design for  $\sigma$  calculations, and PBE0 functional. Theoretical  $\delta$  values were predicted by a linear scaling factor that correlates experimental  $\delta$ with estimated  $\sigma$  by GIAO-DFT. The coefficient of determination (R<sup>2</sup>) was used to assess the theoretical δ.

All NMR experiments were acquired in an AVANCE III HD 400 spectrometer (with a 5 mm multinuclear BBI-decoupling probe with Z grad) with resonance frequencies for <sup>1</sup>H and <sup>13</sup>C of 400.14 MHz and 100.61 MHz, respectively. Samples were dissolved in 5 mm Young tubes with CDCl<sub>3</sub> (~0.04 g/mL) and deoxygenated by three freeze-pump-thaw cycles. Measurements were performed between 300 K and 240 K with 10 K cooling ramps and thermal equilibrium time of 300 s. At each temperature ramp, <sup>1</sup>H and <sup>13</sup>C spectra were acquired along with  $T_1$ relaxation experiments. The variable delay list (VDLIST) was adjusted for each molecule such that the time interval was between 0.1  $T_1$  to 1.5  $T_1$ . Typically, VDLIST was 0.1-3 s for both <sup>1</sup>H T<sub>1</sub> and <sup>13</sup>C  $T_1$  given that only protonated carbons are investigated. The <sup>1</sup>H  $T_1$  experiments with variable temperature were acquired with delay time of 15 s (D1), a 16 K (TD2) x 10 (TD1) matrix of complex points and 2 accumulated transients per experiment increment. In the case of <sup>13</sup>C  $T_1$ , D1 = 6 s, the complex point matrix was 65 K (TD2) x 7 (TD1) with 180 accumulated transients per experiment increment. <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  data were processed by exponential filter with Fourier transform in F2 dimension with LB = 1Hz for <sup>1</sup>H and 3 Hz for <sup>13</sup>C. The integrals used for  $T_1$  calculations in the inversion-recuperation method were performed in the  $T_1$  module of the Dynamic Center software from Bruker using manual integration with one time-constant component.

 $T_1$  values can be explained by a combination of relaxation mechanism. Typically, the relaxation mechanisms for nuclear spin systems are dipoledipole interactions (DD), chemical shift anisotropy interactions (CSA), spin rotation (SR), scalar coupling (SC) and guadrupolar coupling (Q) <sup>6</sup>. In the case of nuclei with spin 1/2, contributions from SR, SC and Q can be negligible. The DD relaxation mechanism in <sup>1</sup>H depends mainly on inter or intramolecular neighbor protons. In contrast, <sup>13</sup>C  $T_1$  relaxation is caused by intramolecular DD interactions of carbon-proton bonds. The Bloembergen-Purcell-Pound (BPP) theory provides the theoretical basis for describing the temperature dependence of  $T_1$  observed as a function of the rotational correlation time ( $\tau_c$ ) and Larmor frequencies. Thus, BPP theory describes DD relaxation for <sup>1</sup>H and <sup>13</sup>C with the following equations:

$$\frac{1}{T_{1,H}} = A_{0,H} \left( \frac{\tau_c}{1 + (\omega_H \tau_c)^2} + \frac{4\tau_c}{1 + (2\omega_H \tau_c)^2} \right)$$
(1)

$$X = \left(\frac{\tau_c}{1 + ((\omega_H - \omega_C)\tau_c)^2} + \frac{3\tau_c}{1 + (\omega_C\tau_c)^2} + \frac{6\tau_c}{1 + ((\omega_C + \omega_H)\tau_c)^2}\right) \quad (2)$$

$$\frac{1}{T_{1,C}} = A_{0,C}(X) \tag{3}$$

$$A_{0,H} = \frac{3N}{10} \left(\frac{\mu_0}{4\pi}\right) \gamma_H^4 \hbar(r_{H-H}^{-6})$$
(4)

$$A_{0,C} = \frac{N}{10} \left(\frac{\mu_0}{4\pi}\right) \gamma_C^2 \gamma_H^2 \hbar(r_{C-H}^{-6})$$
(5)

Where  $A_0$  constant is defined by the number of nuclei attached to the observed nuclei,  $\mu_0$  is the vacuum permeability,  $\gamma_H$  and  $\gamma_C$  are <sup>1</sup>H and <sup>13</sup>C gyromagnetic constants, *h* is the reduced Planck constant and *r* corresponds to the proton-proton or C-H distance.

The temperature dependence of the rotational correlation time ( $\tau_c$ ) is described by an Arrhenius-type equation.

$$\tau_C = \tau_0 exp\left(\frac{E_a}{RT}\right) \tag{6}$$

Where  $\tau_0$  is the pre-exponential factor, *R* is the ideal gas constant, *T* is the absolute temperature, *E*<sub>a</sub> is the molecular reorientation activation energy. Typically, *T*<sub>1</sub> measurements as a function of temperature allow to determine a minimum, which can be correlated with *A*<sub>0</sub> given that this parameter is temperature independent. In case that a minimum in the temperature range is not observed,  $\tau_c$  can be calculated by non-linear least squares <sup>12</sup>.

#### **Results and Discussion**

The chemical structures of meso-phenyl BODIPYs were confirmed by <sup>1</sup>H and <sup>13</sup>C NMR spectroscopy. The chemical shift ( $\delta$ ) assignments were corroborated by GIAO-DFT where  $R^2 \sim 0.99$  for <sup>1</sup>H and ~0.98 for <sup>13</sup>C. <sup>1</sup>H NMR spectra of **BD**, **BDBr** and **BDR** in Fig. 2 show similar peaks and intensities for BD and BDBr. For BD and BDBr, methyl protons H10 and H11 are at  $\delta \sim 1.4$  ppm and  $\delta \sim 2.6$  ppm, while methyne protons H2 are at  $\delta \sim 6.0$  ppm. In the case of **BDR**, methyne protons H1, H2 and H3 are shifted towards low field and located at 7.9, 6.6 and 6.9 ppm, respectively. In the aromatic region, phenyl protons of BD are observed as two small broad signals at 7.3 ppm (H7, 2H) and 7.5 ppm (H8 and H9, 3H); for **BDBr** phenyl protons are observed as an AA'BB' spin coupling system at 7.2 ppm (H7, d, J = 8.4 Hz, 2H) and 7.7 ppm (H8, d, J = 8.4 Hz, 2H); and a broad signal at 7.6 ppm (H7, H8 and H9, 5H) for BDR.



BODIPYs.

The <sup>13</sup>C NMR assignment of protonated carbons (C2, C7, C8, C10 and C11) was confirmed by GIAO-DFT as shown in Fig. 3. The protonated carbons were

selected because they have higher intensity than quaternary carbons, which is important for  ${}^{13}C$  T<sub>1</sub> measurements and parameter derivation with the BPP theory. C2 methyne carbons are observed as single peaks at  $\delta \sim 121$  ppm for **BD** and **BDBr**, while for **BDR** C2 is shifted towards high field ( $\delta \sim 118$  ppm). Methyl carbons (C10 and C11) of BD show two signals at  $\delta$ ~14.3 and 14.6 ppm, while for **BDBr** only one signal is observed at  $\delta \sim 14.3$  ppm. This behavior is also reproduced by theoretical  $\delta$  calculations (GIAO-DFT) suggesting that the bromo-phenyl moiety has a deshielding effect over C10 which is also observed for the aromatic carbons C7 ( $\delta$ ~129.8 ppm) and C8 ( $\delta$  ~132.4 ppm) in **BDBr** relative to carbons in **BD**. In **BDR**, C7, C8 and C9 are observed at  $\delta$ ~130.5, 128.4 and 130.7 ppm, respectively.



Fig. 3. <sup>13</sup>C spectra assignments for meso-phenyl BODIPYs.

The <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  temperature dependence, Fig. 4, in meso-phenyl BODIPY analogues, shows that  $T_1$ values diminish with the temperature decrease without reaching a minimum. The absence of a minimum in the range of 300 K to 240 K indicates that the observed nuclei show free rotation along Z axis and the solvent is non-viscous <sup>13,14</sup>. For example, Fig. 4a shows the temperature dependence of BD from 300 K to 240 K. At 300 K, <sup>1</sup>H T<sub>1</sub> of H11 and H10 in **BD** is ~ 1.7 s and  $T_1$  values for H7, H8 and H9 are 3.2-4.3 s and for H2  $T_1$  = 5.3 s. The short <sup>1</sup>H  $T_1$  values in methyl groups are explained by a combination of spinrotation and the dipolar relaxation mechanism where SR is the dominant mechanism <sup>13</sup>. Thus, methyl groups in **BD** show fast and unrestrained rotational motions with efficient SR relaxation at RT and high temperatures, which means shorter  $T_1^{14}$ . The long  $T_1$ in H2 is also dominated by a combination of DD and SR mechanism since the closer protons are in the methyl groups and DD relaxation becomes ineffective. It can also be argued that **BD** tumbles rapidly in solution due to the small molecular weight. Therefore, the dipole-dipole relaxation in H2 is not effective and  $T_1$  becomes longer. In the aromatic region,  $T_1$  of H8 and H9 are shorter than the one in H7 suggesting that H9 is over the rotational axis. However, the strong spin-spin coupling (*J*) in the aromatic region limits further discussion of the molecular motion. Thus, <sup>13</sup>C  $T_1$  measurements were performed given that the principal relaxation mechanism in carbons with directly attached protons is dipole-dipole mechanism.

Fig. 4b shows the temperature dependence of <sup>13</sup>C  $T_1$  in **BD**, which shows similar features as <sup>1</sup>H curves. At 300 K, <sup>13</sup>C  $T_1$  of C10 and C11 are around 1.8 s; for C2, C7, C8 and C9 <sup>13</sup>C  $T_1$  is 1.3, 1.2, 1.3 and 1.1 s, respectively.



**Fig. 4.** Temperature dependence of BD. a) <sup>1</sup>H T<sub>1</sub> and b) <sup>13</sup>CT<sub>1</sub>. Inset: Proposed rotational motion of BD.

In this case, the fast and unrestricted motion of methyl groups is represented by long  $T_1$  (1.8 s) given that DD relaxation is less effective, while the phenyl moiety shows effective DD relaxation (shorter T<sub>1</sub>). <sup>13</sup>C  $T_1$  in C9 is the shortest  $T_1$  compared to C2, C7 and C8. This is because rotation around the axis is fast and causes inefficient relaxation (long  $T_1$ ) for the off-axis carbons. With the results from <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$ , we propose that **BD** behaves as a sphere with an isotropic rotational motion where C9 and B atom are in the rotational axis and C2 is the farthest off-axis carbon, insets in Fig. 4.

Fig. 5 shows the comparison of <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  vs temperature of selected atoms in **BD**, **BDBr** and **BDR** where  $T_1$  values diminish with temperature decrease. This behavior is characteristic of small molecules in non-viscous solvents. Here, the relaxation is less efficient with overall rapid molecular rotation and as the temperature diminishes, the relaxation becomes more effective and  $T_1$  shortens.

In Fig. 5a, <sup>1</sup>H  $T_1$  of phenyl protons (H7, H8 and H9) in **BDR** are twice the ones in **BD**, which has almost the same <sup>1</sup>H  $T_1$  as **BDBr**. This behavior indicates that the phenyl group in **BDR** rotates faster than the ones in **BD** or **BDBr** because of the absence of methyl groups that hinder the phenyl rotation. Moreover, <sup>1</sup>H  $T_1$  of H2 in all of the molecules is longer than the ones in the phenyl moiety suggesting that H2 rotates rapidly, and it is the farthest from the rotation axis. Thus, <sup>1</sup>H  $T_1$  measurements indicate that **BD** and **BDBr** have the same rotational speed but rotation in **BDR** is even faster. Thus, if a small molecule tumbles rapidly, the DD relaxation is less effective and  $T_1$  becomes longer.

The <sup>13</sup>C  $T_1$  measurements of **BD**, **BDBr** and **BDR** in Fig. 5b corroborates the behavior observed by <sup>1</sup>H  $T_1$ measurements. <sup>13</sup>C  $T_1$  of C2 of the **BDBr** exhibits the shortest value while the ones in **BDR** have the longest. Therefore, the rotational speed of the molecules is as follows **BDR** > **BD** > **BDBr**. Moreover, <sup>13</sup>C  $T_1$  values of the phenyl carbons (C7, C8 and C9) indicate that the rotational speed of these carbons is like that in C2, except for **BDR**, which is higher. Thus, **BDBr** has an isotropic motion like **BD** while **BDR** presents an anisotropic motion where the phenyl moiety rotates faster that the BODIPY fragment.

Assuming that the dipole-dipole relaxation mechanism is the only one that contributes to the <sup>13</sup>C relaxation times of protonated carbons, Table 1 shows the <sup>13</sup>C  $T_1$  derived parameters ( $\tau_0$  and  $E_a$ ) from the BPP theory (eq. 1-6). BPP parameters were grouped in protonated carbons in the pyrrolic rings, the phenyl ring and methyl groups. Regardless of the

absence of a minimum in the <sup>13</sup>C  $T_1$  vs temperature curves, all protonated carbons  $T_1$  values fit well the Arrhenius-type BPP behavior.



Fig. 5. Comparison of selected T<sub>1</sub> values as a function of temperature a) <sup>1</sup>HT<sub>1</sub> and b) <sup>13</sup>CT<sub>1</sub>. Inset: Proposed rotational motion of **BD**, **BDBr** and **BDR**.

The mean correlation time ( $\tau_c$ ) values at 300 K calculated by eq 6 with  $\tau_0$  and  $E_a$  values from <sup>13</sup>C T1 experiments are shown in Table 1.  $\tau_c$  values of the protonated carbons in the pyrrolic rings and phenyl ring are similar,  $\tau_c = 1.25 \times 10^{-11} \text{ s for BD y } \tau_c = 7.65 \times 10^{-12} \text{ s para BDBr}.$ 

Conversely, the phenyl group ( $\tau_c = 8.6 \times 10^{-12} \text{ s}$ ) of **BDR** has  $\tau_c$  at 300 K faster that the pyrrolic rings ( $\tau_c = 1.0 \times 10^{-11} \text{ s}$ ). In the case of proximal and distal methyls in **BD** and **BDBr**, the mean  $\tau_c$  at 300 K is 2.8 x  $10^{-12}$  s and  $1.7 \times 10^{-12}$  s, respectively. These values are typical for small molecules in non-viscous solutions <sup>15</sup>.

atom	BD		BDBr		BDR	
	<i>E</i> ₀ (kJ/mol)	<b>τ</b> ο x 10 <sup>-13</sup> (s)	<i>E</i> ∝ (kJ/mol)	<b>t</b> o x 10 <sup>-13</sup> (s)	<i>E</i> ₂ (kJ/mol)	<b>7</b> 0 x 10 <sup>-13</sup> (s)
Pyrrolic rings						
1					10.4	1.72
2	9.5	2.60	9.8	1.46	10.2	1.59
3					10.2	1.76
Mean	9.50	2.60	9.80	1.46	10.3	1.69
<b>π</b> <sub>c</sub> x 10 <sup>-12</sup> (s) At 300 K	11.7		7.4		10.4	
Phenyl group						
7	9.8	2.29	9.3	1.75	9.7	1.39
8	9.4	2.89	8.8	2.26	9.8	1.37
9	9.3	3.37			9.8	2.27
Mean	9.50	2.85	9.0	2.0	9.8	1.67
<b>τ</b> <sub>c</sub> x 10 <sup>-12</sup> (s) At 300 K	12.9		7.5		8.4	
Methyl groups						
10	8.60	0.91	8.4	0.59		
11	7.90	1.13	8.4	0.59		
Mean	8.25	1.02	8.4	0.59		
τ <sub>c</sub> x 10 <sup>-12</sup> (s) At 300 K	2.8		1.7			

Table 1. Derived parameter from BPP theory for meso-phenyl BODIPYs.

The activation energies  $(E_a)$  of the molecular reorientation of phenyl carbons are around 9.5 kJ/mol for BD, 9.0 kJ/mol for BDBr and 9.8 kJ/mol for BDR while the ones for the carbons in the pyrrolic rings are 9.5, 9.8 and 10.3 kJ/mol, respectively. These results indicate that the reorientation mediated by the rotation of the phenyl group in **BDR** is faster than the one in the pyrrolic rings. Additionally, the relative high energy barrier in the pyrrolic rings of BDR is attributed to the anisotropic rotation. These  $E_a$  values are like <sup>13</sup>C  $T_1$  studies in ionic liquids where fluctuations of functional groups and methyl rotations were present <sup>12,16</sup>. Moreover,  $E_a$  values in  $T_1$  relaxation studies are associated to molecular confinement measurements, intermolecular interactions, and environmental effects around the molecule <sup>17</sup>.

#### Conclusion

Calculations with quantum chemistry by using GIAO-DFT level of theory allowed to assign protons and carbons with high agreement with experimental <sup>1</sup>H and <sup>13</sup>C spectra. The <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$  relaxation measurements of meso-phenyl BODIPYs diminished with the temperature decrease without reaching a minimum in the range of 240-300 K. <sup>1</sup>H  $T_1$  and <sup>13</sup>C  $T_1$ measurement aided to propose a rotational model where the rotational axis is located between atom C9 and boron. Moreover, BD and BDBr rotate as a sphere with an isotropic rotational motion. However, BDR shows an anisotropic motion where the phenyl moiety has higher rotation speed compared to BD and BDBr. BPP theory was used considering dipoledipole as the main  $T_1$  relaxation mechanism and the derived parameters ( $\tau_c$  and  $E_a$ ) confirmed the isotropic and anisotropic motions found experimentally. The relative high reorientation energy barrier in **BDR** was associated to the anisotropic rotation.

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